

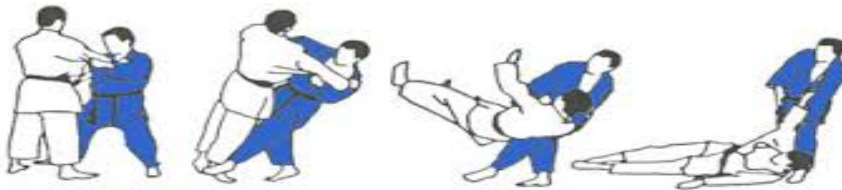
5. KYU, NARANČASTI POJAS

MOROTE SEOI NAGE



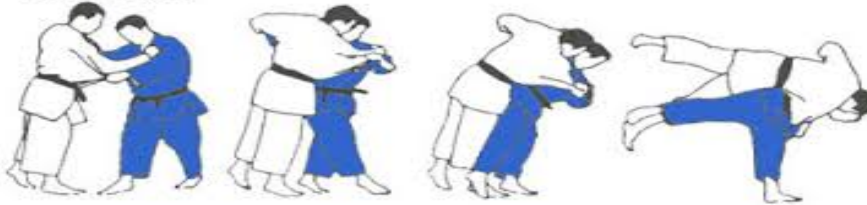
OKURI ASHI BARAI

Okuri-Ashi-Barai



HARAI GOSHI

Harai-Goshi



HIZA GURUMA



OSOTO GARI

O-SOTO-GARI

